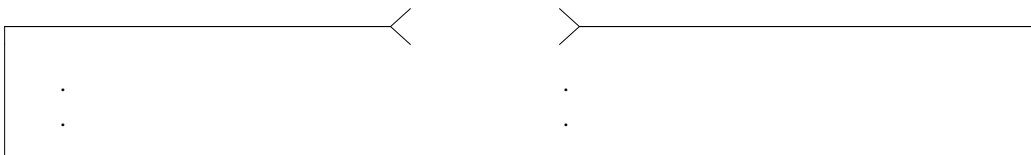


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玄 武 星*

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ABSTRACT

The purpose of this study was to examine the relationship between type of leisure activity and leisure satisfaction.

Subjects of this study were sampled 175 the collegiate by the cluster random sampling method. Statistics employed in this study were analysis of ANOVA and reliability analysis.

Based on the procedures and results, the following conclusions were warranted :

First, the type of leisure activity among collegeiates has an influence on educational leisure satisfaction. That is, there is difference in educational leisure satisfaction according to the type of leisure activity, and sight-seeing and thought activities is the highest.

Second, the type of leisure activity among collegeiates has an influence on psychological leisure satisfaction. That is, there is difference in psychological leisure satisfaction according to the type of leisure activity, and playing and amusement activities is the highest.

Third, the type of leisure activity among collegeiates has an influence on social leisure satisfaction. That is, there is difference in social leisure satisfaction according to the type of leisure activity, and

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interesting activities is the highest.

Fourth, the type of leisure activity among collegeiates has an influence on physiological leisure satisfaction. That is, there is difference in physiological leisure satisfaction according to the type of leisure activity, and playing and amusement activities is the highest.

Fifth, the type of leisure activity among collegeiates has an influence on relaxational leisure satisfaction. That is, there is difference in relaxational leisure satisfaction according to the type of leisure activity, and interesting activities is the highest.

Sixth, the type of leisure activity among collegeiates has an influence on environmental leisure satisfaction. That is, there is difference in environmental leisure satisfaction according to the type of leisure activity, and playing and amusement activities is the highest.

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, Diener(1984) 가 . ,

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1970

(quality of life), (subjective well-being), (life satisfaction), 가
(Leisure Satisfaction), (happiness)

(Campell, 1976). 가

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(Andrews & Withey, 1976).

, Maslow(1962) ‘ 가

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1.

2000
 (cluster random sampling)
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 . 가 Beard Ragheb(1980) Won(1989), (1992),
 (1996) ' (5) , ' (4) , ' (3) , '
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(self-administration) 3

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SPSSWIN 10.0 .
(oneway ANOVA analysis) .

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F , .

1. 가 가

< 1> 가 가 .

1.	가	가	F
	78	2.0662	.6290
	24	1.9861	.5471
	31	2.5376	.6565
	13	2.2436	.8211
	29	2.4080	.6133
	175	2.2086	.6617

**p<.01

< 1> , 가 가
 가 (M=2.537) 가 (M=2.408),
 (M=2.243), (M=2.066), (M=1.986) (p<.01).
 (1995) (M=4.330), (M=3.610) 가 ,
 (M=3.550), (M=3.310), (M=3.060), (M=2.950)
 , 가
 (1995)

2. 가 가

< 2> 가 가

2. 가 가 F	
	F
78	2.2372 .6977 4.214**
24	2.1250 .4038
31	2.3952 .5619
13	2.2115 .6279
29	2.7328 .6578
175	2.3300 .6533

**p<.01

< 2> , 가 가
 가 (M=2.732) 가 (M=2.395),
 (M=2.237), (M=2.211), (M=2.125) (p<.01).
 가 가
 (1995) (M=3.767),
 (M=3.767) 가 , (M=3.737), (M=3.277),
 (M=3.017)
 가 가 가
 Ragheb Griffith (1982)

3. 가 가

< 3> 가 가

3.		가	가	F	
				F	
		78	1.9872	.6889	4.396**
		24	2.5139	.7288	
		31	2.4731	.8200	
		13	1.8974	.7863	
		29	2.3908	.9389	
		175	2.2057	.8004	

**p<.01

< 3> , 가 가
 가 (M=2.513) 가 (M=2.473),
 (M=2.390), (M=1.987), (M=1.897) (p<.01).
 가 가
 가 (1995) (M=4.392),
 (M=4.122) 가 (M=3.462), (M=3.442),
 (M=3.332), (M=3.212)
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4. 가 가

< 4> 가 가

4. 가 가 F					F
		78	1.6859	.6222	36.162***
		24	3.0000	.7185	
		31	2.8790	.9194	
		13	2.8077	1.0366	
		29	3.3793	.8494	
		175	2.4414	1.0321	

*** p<.001

< 4> , 가 가
 가 (M=3.379) 가 (M=3.000),
 (M=2.879), (M=2.807), (M=1.685) (p<.001).
 . 가
 .
 가 (1995)
 (M=4.045), (M=3.545) 가 , (M=3.275), (M=3.185),
 (M=2.975), (M=2,885) .

5. 가 가

< 5> 가 가

5.	가	가	F
	78	2.2094	.5375
	24	2.6528	.7053
	31	2.2473	.7096
	13	2.3590	.8971
	29	2.6092	.5778
	175	2.3543	.6513
			3.771**

**p<.01

< 5> 가 , 가 가 가
 가 (M=2.652) 가 (M=2.609),
 (M=2.359), (M=2.247), (M=2.209) .
 가 가
 (M=4.561) 가 (1995) (M=4.661),
 (M=3.581), (M=3.261) (M=3.761), (M=3.691),
 가
 가

6. 가 가

< 6> 가 가

6. 가		가		F
				F
	78	2.3622	.6975	3.223*
	24	2.7292	.5562	
	31	2.3871	.6118	
	13	2.4038	.7742	
	29	2.7931	.6717	
	175	2.4914	.6838	

* p<.05

< 6> , 가 가
 가 (M=2.793) 가 , (M=2.729),
 (M=2.403), (M=2.387), (M=2.362) .
 . (1995) (M=3.577), (M=3.267) 가
 , (M=3.237), (M=3.177), (M=2.997),
 (M=2,837) 가

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1. (1996). _____ 가 _____ .
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5. (1998). 가 _____ . 30 .
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